

Royal Ottawa Hospital On the MOVE



Transition newsletter for partners of the Royal Ottawa Health Care Group

July 2006

ROYAL OTTAWA HOSPITAL TAKES ON NEW ROLE IN REFORMED MENTAL HEALTH SYSTEM

When the new Royal Ottawa Hospital (ROH) opens in November, it will be functioning in its new role as a specialized mental health facility for residents of communities across Eastern Ontario.

This is a big shift for an organization that used to provide general psychiatric care including emergency

Continued on page 3...

Kim Payne, Psychology Intern, McGill University; Taraneh Bayat-Mokhtari, Psychology Student, uOttawa; Dr. Michèle Gagnon, Head, Neuropsychology Unit; Khadra Farah, ROH Registered Nurse; and Mark Coates, Practicum Student, uOttawa



STATE-OF-THE-ART CONFERENCE FACILITY TO OPEN ON NOVEMBER 1

For the staff of the ROH's Learning and Development Department responsible for organizing educational events, the move to the new building means not only updated office space but the unveiling of state-of-the-art conferencing facilities.

Housed on the ground floor of the research tower and southeast corner of the main building, the new facilities will boost the team's ability to effectively deliver information and

education programs that help reduce the stigma of mental illness.

The conference facilities will include a 200-seat auditorium, indoor and outdoor reception areas and several private meeting rooms that can accommodate an additional 250 people.

Operating via the ROH's new wireless network, the conference facilities will feature the latest in multimedia and video conferencing capabilities. By capitalizing on leading-edge

technology and communication techniques, the new ROH will realize its vision of becoming a Centre of Excellence in Mental Health Education.

Learning & Development staff are excited about continuing their tradition of providing the ROH's partners in care throughout the region with access to the upgraded facilities for conferences, seminars, meetings or receptions, including full on-site catering services.

A PLEA TO PUT OUR MINDS TO IT Innovative Campaign Calls on Residents to Support New ROH

The Power of One. That's the focus behind an innovative community campaign recently launched by the ROH to raise funds for the construction of the new facility.

Organizers of the campaign are making a plea to residents across Eastern Ontario to realize the important role they can play in helping advance research and reduce the stigma of mental illness by making a donation to the ROH.

The goal of the community campaign is to have 10,000 individuals, families, churches, schools, and support groups donate \$1,000 each to the campaign.

The hospital would be equally grateful whether this tax-deductible donation is made as a one-time gift or, if you prefer, pledged over the next five years as \$200 per year. It would also be very appreciative of any gift families or organizations were able to make.

Most of the 300,000 patients served by the Royal Ottawa Hospital each year recover fully – enabling them to return to work and lead active and productive lives.



Margaret Trudeau steps forward to champion fundraising efforts for the new ROH.

One of those people successfully treated was former First Lady of Canada, Margaret Trudeau. As a well-known public figure, Ms. Trudeau recently stepped forward to support the ROH's fundraising campaign as a determined champion of those reluctant to seek treatment for mental illness because of the associated stamp of stigma and discrimination.

Ms. Trudeau credited the clinical expertise at the Royal Ottawa Hospital in assisting her recovery from bipolar

depression as well as the remarkable strides of clinical and basic scientists at the world-renowned uOttawa Institute of Mental Health Research (IMHR), which is located within the hospital.

To make your donation to support leading-edge mental health research, programs and patient care for residents across Eastern Ontario, please call 1-800-690-4483 or visit www.YouKnowWhoIAm.com to make a donation online.



TOURS OF THE NEW ROH

Want to see what all the buzz is about? Get your first-hand look at the leading-edge facility being built by taking a tour of the new Royal Ottawa Hospital, conducted weekdays between 11:45 a.m. and 12:30 p.m.

Tours give our partners an overview of the building's new look and layout, including:

- Inpatient and outpatient units;
- Winter garden atrium and patient courtyards;
- Mental health education and conference facilities;
- Volunteer services; plus
- uOttawa Institute of Mental Health Research facilities.

For the safety of all visitors, tours are limited to nine people at a time. Hardhats and steel-toed boots will be provided. For more information or to book your tour, please contact the Royal Ottawa Health Care Group Communications Department at 613.722.6521, ext. 6761.

...Cover continued

treatment for residents located primarily in Ottawa.

Being a specialized or 'tertiary' centre means that the programs at the new facility will be aimed at treating people with complex and serious mental illnesses which are often resistant to conventional treatments.

Although the facility will have 188 inpatient beds, at least 60 per cent of the programs will focus on the delivery of specialized care in outpatient clinics and community-based programs run by our partners in the mental health system.

The new ROH's approach to providing specialized mental health care is similar to the way the uOttawa Heart Institute is a centre of excellence for people needing unique treatment programs for complex, often chronic, cardiac disease.

Like the Heart Institute, the ROH does not have an emergency department because patients will be referred from psychiatric programs in hospitals throughout the region when specialized care is appropriate.

Specialized treatment programs at the new ROH include: Schizophrenia, Sleep Disorders, Geriatric Psychiatry, Mood Disorders, Anxiety Disorders, Youth Psychiatry (for those aged 16-18), Substance Abuse and Concurrent Disorders, as well as Intensive Treatment and Assessment.

In addition to inpatient beds, the majority of these programs feature day treatment options and outreach activities for patients living in the community.

Research and education is also a key part of the ROH's new mandate to provide specialized care. Through a unique partnership with the

uOttawa Institute of Mental Health Research, housed at the ROH, major advancements in the diagnosis and treatment of major mental illness will continue to be made.

The third largest of its kind in Canada, the research institute has recruited some of the most talented clinical scientists in the world and through their collaborative work with our clinical teams has achieved a reputation for excellence.

Exciting discoveries by our teams that have resulted in international acclaim include major breakthroughs in the genetic components of certain mental illnesses and dramatically more effective treatment of depression.



Patients are encouraged to enquire about the many benefits of joining a research study in one of our clinical programs where leading-edge mental health care approaches are carefully monitored.

The opening of the new facility in November will mark a historic shift for the ROH as a major partner in a broad system of mental health care. We look forward to serving residents in communities across Eastern Ontario through enhanced communications and expanded referral mechanisms to our specialized clinical programs and research initiatives.

Watch for more information on our changing role, referral processes, and ground-breaking research in the next issue of *On the Move!*

AN EVENING OF CELEBRATION

To launch the new facility, the Grand Opening event is being planned for October 30th to celebrate completion of the final touches on the building. Check out future issues of *On the Move* for details of this unique and special evening. We look forward to beginning a new era of mental health care and research in Eastern Ontario in partnership with our colleagues and supporters!

Frequently Asked QUESTIONS

Q. Where will public entrances to the new ROH be located?

A. There will be two public entrances to the new facility off Carling Avenue. One will lead into the main reception area at the centre of the building while a second entrance will be provided to the conference facility and research tower. Staff will also have access to a third entrance located on the north side of the new building.

Q. What will happen to the current parking lots?

A. The north lot and metered parking near EllisDon's onsite trailer is only a temporary measure for the construction phase. Once the new facility is complete, the main ring road and front entrance of the building will offer 'pay and display' parking especially for visitors, while the lot currently located off Merivale Road will be resurfaced to provide ample parking for staff working onsite.

Mark Your CALENDAR!

October 30th, 2006

Grand Opening of the new facility – details to follow in an upcoming issue of *On the Move!*

November 1st, 2006

Phase I of relocation to the new Royal Ottawa Hospital officially begins

July 1st, 2007

Phase II of relocation completed
Inpatient Youth Wing ready for occupancy

Meadow Creek Treatment Centre moves into its new home within the ROH's Substance Use & Concurrent Disorders Unit

ROH MOVE HOTLINE

Have questions about the move to the new ROH, how the relocation affects you or simply need more information about the redevelopment project? Just call the Royal Ottawa Health Care Group Communications Department at 613.722.6521, ext. 6767 or e-mail us at ROHmove@rohcg.on.ca

MOVING DAY SET FOR NOVEMBER 1 What You Need to know

The Royal Ottawa Hospital's transition to the new facility begins November 1st, 2006 and the process is expected to take approximately one week to complete.

Details and sequencing of the move are currently being planned in consultation with the hospital's move specialist, Health Care Relocations.

Following the relocation, the existing buildings will be turned over to The Healthcare Infrastructure Company of Canada's construction management team for decommissioning and demolition, to make way for expanded green space.

